

PE Procedures: Consent Form

Please read the following procedures relating to notes and kit for PE, then complete and return this form to the School Office.

Yavneh College PE Kit Policy

Thanks to the support of parents and pupils, the Physical Education Department at Yavneh College has an excellent level of participation by pupils in all year groups. Please help us to maintain this high standard by ensuring that your son/daughter follows the school PE Kit policy detailed below.

Rules

Pupils MUST ALWAYS have the correct kit/equipment for their lesson (see list below). This rule also **applies for pupils that are excused from physical activity**. Physical Education incorporates the development of several social, mental and personal skills alongside the physical development of pupils and therefore those excused from physical activity are still expected to engage in the lesson.

Pupils excused from physical activity will still be taken to the area that their group is scheduled to be working in and this may be outside in cold weather, even if they are not participating fully. Pupils will still be required to engage in the lesson as a peer observer, coach, leader or official. In such cases pupils must wear their PE kit to fulfil the role and in case of rain, or other inclement weather conditions, to ensure that uniform is dry for the rest of the day.

PLEASE NOTE: Individual supervision cannot be arranged for excused pupils. **It is strongly recommended** that pupils should be prepared for cold weather by wearing extra layers as detailed in the PE kit list.

Pupils who are **unable to fully participate** in physical activity **must provide** a written note from their parent/carer to their PE teacher before, or at the start of, the lesson. Pupils who are excused on medical reasons for longer than 4 lessons must provide **a valid doctors note**.

All notes must be written and signed by the pupil's parent/carer. Notes will not be accepted from siblings or other relatives unless previously arranged.

Please see the sanctions below which will be applied when pupils fail to follow the rules above. If a parent feels that their child is unable to follow the rules above, they should contact the PE teacher in advance of the lesson to discuss any issues and an appropriate course of action.

Sanctions

- IF pupils forget an item or their whole kit they will receive a 'Kit Mark' and this will be recorded. If pupils forget their kit three times in a term, they will receive a lunch time detention.
- Persistent failure to follow the rules will be sanctioned with extended lunchtime detentions or after school detentions.

If there is a valid reason why a pupil is unable to bring their kit to their PE lesson that day, the parent/carer must ensure that the pupil brings in alternative, appropriate items to wear and must provide the pupil with a note for the PE teacher, explaining why they do not have their kit. In this case, no sanction will be applied



PE KIT LIST

Girls Kit

Compulsory	Optional
 Regulation Yavneh College PE lightweight polo shirt in black and house colour (Indoor and outdoor summer kit.) Regulation Yavneh College PE reversible heavyweight games shirt (outdoor/winter kit) Regulation Yavneh College PE shorts Regulation Yavneh College PE socks (red football socks for outdoor kit and any white ankle/sports socks for indoor kit/summer) Trainers Football boots Shin pads 	 Regulation Yavneh College PE tracksuit (Optional but strongly recommended for cold weather.) Optional plain black tight fitting under garment/base layer top (not bottoms) that can only be worn under other items of PE kit (optional but strongly recommended for cold weather) Regulation Yavneh College PE sports leggings Plain Black Hat and Gloves (optional but strongly recommended for cold weather) Mouth guard (for pupils in hockey and rugby clubs and enrichment)

Boys Kit

Compulsory	Optional
 Regulation Yavneh College PE lightweight polo shirt in black and house colour (Indoor and outdoor summer kit.) Regulation Yavneh College PE reversible heavyweight games shirt (outdoor/winter kit) Regulation Yavneh College PE shorts Regulation Yavneh College PE socks (red football socks for outdoor kit and any white ankle/sports socks for indoor kit/summer) Trainers Football boots Shin pads 	 Regulation Yavneh College PE tracksuit (Optional but strongly recommended for cold weather.) Optional plain black tight fitting under garment/base layer top (not bottoms) that can only be worn under other items of PE kit (optional but strongly recommended for cold weather) Regulation Yavneh College PE sports leggings Plain Black Hat and Gloves (optional but strongly recommended for cold weather) Mouth guard (for pupils in hockey and rugby

Pupils should ensure that they have the correct kit for the activities that they are timetabled to be learning. Pupils should also be prepared for changes to their activity at short notice due to weather or other school events. Therefore, **it is strongly recommended** that if pupils are unsure, then they should bring their full PE kit to lessons. Please note that all pupils should bring appropriate PE kit to all lessons.



PE and Sports Fixtures

Your child may on occasions be selected to represent Yavneh College in sports fixtures. Your consent is required for your child's participation in both home and away matches, including all necessary associated travel – this may include walking, the use of a school minibus or hired coaches. The PE Department also requires up to date medical information and emergency contact details.

The PE department will endeavour to send out emails informing parents of team selection and details of specific meetings. You will not always receive emails, pupils should regularly check fixture lists, look at PE notice boards and check with team captains when fixtures are taking place.

Last minute changes are always possible due to illness and injury, if this happens, a member of staff will contact you by telephone or email.

Pupils must inform PE staff immediately if they cannot participate in a fixture so that necessary replacements can be made.

Please note; if your child is selected to play in a fixture they must bring the correct equipment including any personal medication. If there is any further information you feel should be disclosed or updated, please provide such information throughout the year.

It is the parent/carers responsibility to arrange for their child to be collected from school at the end of the fixture. If they are playing in an away fixture, your child will be given the opportunity to call or text you when they are leaving the venue.

Please note; it is the pupils' responsibility to complete any homework set and catch up on all work missed. Failure to do so will result in them being withdrawn from future fixtures. If on the day of the match there is an urgent problem that you need to discuss with the PE department, in the first instance please contact the PE department via the school office. If you are unable to reach the PE department in this way, please use the following mobile number: **07842191356** this number should only be used in an **emergency**.

Please remind your child that when representing Yavneh College, we expect their behaviour to be exemplary at all times.

Any parents collecting children after 4.15pm must park in the school car park. Please note that pupils will not be permitted to wait on Hillside Avenue.