KS3 PE: Key Skills & Concepts	Emerging	Developing	Securing	Mastering
	Pupil is able to apply <b>FEW</b> skills	Pupil is able to apply <b>SOME</b>	Pupil is able to apply a range of	Pupil is able to apply a range of
Physical Skills	effectively in an isolated	skills effectively in an isolated	skills <b>EFFECTIVELY</b> in an isolated	skills <b>CONSISTENTLY AND</b>
	environment and is <b>RARELY</b>	environment and is	environment and is <b>USUALLY</b> able	EFFECTIVELY in an isolated and
	able to do this in competitive	<b>SOMETIMES</b> able to do this in	to do this in competitive	competitive environment,
	situations, <b>REGULARLY</b> making	competitive situations,	situations, OCCASIONALLY	making <b>VERY FEW</b> errors. Pupil is
	errors. Pupil is <b>RARELY</b> able to	<b>SOMETIMES</b> making errors.	making errors. Pupil is <b>OFTEN</b> able	able to adapt to changing
	adapt to changing situations	Pupil is <b>SOMETIMES</b> able to	to adapt to changing situations	situations SUCCESSFULLY AND
	successfully	adapt to changing	successfully	CONSISTENTLY
		situations successfully	- " " " " " " " " " " " " " " " " " " "	
	Pupils show <b>LIMITED</b>	Pupils <b>SOMETIMES</b> show	Pupils usually show GOOD	Pupils consistently show
Mental Skills	understanding of skills	understanding of skills	understanding of skills	<b>EXCELLENT</b> understanding of skills
	and theoretical content and	and theoretical content and	and theoretical content and can	and theoretical content and are
	can rarely apply this to a range	can <b>SOMETIMES</b> apply to a	often apply to a range of	able to apply this to a range of
	of physical examples. Pupils	range of physical	physical examples. Pupils	physical examples. Pupils
	RARELY show determination	examples. Pupils <b>SOMETIMES</b>	USUALLY show determination and	ALWAYS show determination
	and resilience when faced with	show determination and	resilience when faced with a	and resilience when faced with
	a range of challenges and	resilience when faced with a	range of challenges and USUALLY	a range of challenges and
	RARELY strive to perform at	range of challenges and	strive to perform at maximum	ALWAYS strive to perform at
	maximum levels.	<b>SOMETIMES</b> strive to perform	levels.	maximum levels.
		at maximum levels.		
	Pupils are <b>RARELY</b> able to apply	Pupils are OCCASIONALLY	Pupils are <b>USUALLY</b> able to apply	Pupils are able to apply
Social Skills	social situations to improve	able to apply social skills in	effective social skills in most	EFFECTIVE social skills in a range
	their performance or	some situations to improve	situations to successfully improve	of situations to successfully
	performance of others. They	their performance and the	their performance and the	improve their performance and
	are <b>UNABLE</b> to adapt to	performance of others. They	performance of others. They are	the performance of
	changing environments and	are <b>RARELY</b> able to adapt to	<b>SOMETIMES</b> able to adapt to	others. They are able to <b>ADAPT</b>
	pressures. Pupils are <b>UNABLE</b> to	changing environments and	changing environments and	to changing environments and
	reflect on the social	pressures. Pupils are <b>RARELY</b>	pressures and can often reflect	pressures, showing an on-going
	environment.	able to reflect on the social	on the social environment.	reflection of the social
		environment.		environment.